

BENEFIT

	Oceans Alive	Ease Magnesium	Black Cumin Oil	Trace Minerals	Five Seed Blend	Coriander Oil	Perfect Silver	Flax Oil	Styrian Pumpkin	Amaranth Oil	Milk Thistle Oil	Black Sesame	Solaris	Iodine
AMPK- Adenosine Monophosphate activated Protein Kinase														
Anti aging properties									✓	✓	✓		✓	
Assists weight control									✓				✓	
Balance out Hormones									✓				✓	
Benefits brain health				✓	✓		✓	✓			✓	✓	✓	
Boosts bowel function														
Boosts fat metabolism														
Boosts liver health												✓		
Boosts metabolism			✓										✓	
Boosts nutrient absorption													✓	
Boosts white blood cell function									✓					
Cleans cutlery/cutting boards/etc						✓								
Cleans ears						✓							✓	
Cleans minor wounds						✓							✓	
Contains silymarin - power antioxidant										✓				
Cough suppressant			✓											
Creates healthy space for good bacteria														
Digestive Support				✓									✓	
Eases joint pain	✓	✓											✓	
Effective at reducing oxidative stress										✓				
Encourages healthy gut bacteria			✓		✓						✓	✓		
Encourages muscle and bone development											✓		✓	
Encourages stronger teeth												✓	✓	
Fight pathogenic bacteria											✓		✓	

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Good for gut inflammation	✓										✓		✓	
Helps body fight black mold												✓		
Helps gallbladder function												✓		
Helps with sleep quantity		✓											✓	
Improved Mental Clarity & Focus	✓			✓									✓	
Improves heart health				✓	✓	✓		✓	✓			✓		✓
Improves respiratory health			✓											✓
Improves sleep quality	✓	✓	✓	✓										✓
Increases cellular energy														✓
Increases Energy	✓	✓		✓			✓			✓				✓
Increases gut wall strength														
Maintain bacterial/fungal balance			✓			✓								
Maintains blood pressure balance	✓	✓		✓										
Maintains blood sugar balance	✓					✓						✓		
Maintains Electrolyte Balance	✓													
Maintains healthy cholesterol levels									✓					
Maintains proper muscle function	✓											✓		✓
Maintains strong cardiovascular system			✓											✓
Metabolizes key macronutrients (carbs, fat, protien)														✓
Moisturizes and clarifies skin			✓					✓		✓	✓	✓		
Prevents scarring										✓				✓
Promotes cellular growth & development			✓		✓				✓					✓
Promotes healthy cell regeneration	✓		✓											✓
Promotes healthy hair growth			✓											✓

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Promotes healthy sex drive							✓						✓	
Promotes joint mobility and fluidity.								✓						
Promotes kidney health								✓			✓			
Reduce bacteria competition													✓	
Reduce cortisol levels														
Reduces inflammatory stress														
Reduces muscle pain/cramping	✓	✓									✓	✓		
Reduces/eliminates brain fog	✓		✓	✓	✓		✓	✓			✓		✓	
Relieves headaches		✓												
Soothes headaches			✓											
Soothes sore throat			✓											
Speeds healing									✓					✓
Squalean cells									✓					
Strengthens bones											✓		✓	
Strengthens liver membrane										✓				
Stress relief		✓										✓		
Supplement immune system													✓	
Supports circulatory system									✓					
Supports healthy immune system			✓		✓	✓						✓	✓	
Supports inflammation response			✓		✓		✓	✓	✓		✓			
Supports liver function									✓	✓				
Supports respiratory system									✓					✓
Supports weight loss				✓	✓		✓	✓						✓
Targeted immune protection against 26 bacteria														
Use water/soap to kill bacteria												✓		

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Thyroid health & function	✓	✓	✓	✓										✓
Endocrine support (metabolism/immune system)		✓	✓	✓		✓	✓	✓	✓		✓	✓	✓	✓
Women's breast health					✓			✓						✓
Cerebral development	✓	✓		✓										✓
IQ	✓	✓		✓										✓
Inactivates viruses and kills bacteria			✓			✓	✓						✓	✓
Essential micronutrient	✓	✓		✓			✓							✓
Activates pathways for new cell creation	✓	✓		✓									✓	✓
Child development physical and neurological	✓						✓							✓
Fights unhealthy cells in our bodies	✓		✓										✓	✓
Fetal development	✓	✓		✓										✓
Supports antibody production														✓
Connective tissue building block		✓		✓										✓
Prostate health		✓		✓				✓						✓

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